



NORFOLK COUNTY COUNCIL

AVENUE JUNIOR SCHOOL
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Dear Parents/Carers,

After the Easter holidays, Year 4 will be starting our Sex and Relationships Education (SRE) lessons. Children will have one lesson a week for this half term (7 lessons altogether). As part of this work we will be showing the children some video clips that explain the changes that occur during puberty, how a baby is made and how a baby is born. We also show children a short film from Stonewall's 'Celebrating Differences' resources.

From past experience we know that many of you are keen to follow up discussion at home. Please find below a brief outline of the content of the programmes we will be watching and the books we will be reading. They have been used successfully in previous years and have been approved by both staff and parent governors. Should you wish to borrow the DVDs or books for viewing/reading at home please contact your child's teacher.

You will receive more detail about what is being taught each week in next term's curriculum map. Should you have any questions about what we are covering, or wish to discuss anything in more detail, please don't hesitate to ask.

Kind regards,

Lewis Peck
Year 4 Leader

Video Clips

Changes: explores the physical and emotional changes that take place at the onset of puberty, and how we feel about ourselves. It reaffirms that puberty is a normal and natural process.

How babies are made: explores the role of the male and female reproductive organs. Introduces the term sexual intercourse. Explores the reasons why adults in a loving relationship would like to start a family.

How babies are born: focuses on the development of the baby in the womb, the needs of the baby and the mother before the birth, and the inheritance of physical characteristics.

Jake's Story: Jake and Harry are best friends but they don't like all the same things – Jake loves singing and dancing while Harry wants to be a footballing pro and can't understand why Jake doesn't like 'boy things'. Their friendship is put to the test when Jake admits that he'd rather go to a drama lesson than watch Harry's football match.

Books

This is My Family by Pat Thomas – picture book that introduces children to families that have parents of the same sex. Reinforces celebrating people's differences and shows how all people should be treated fairly and without discrimination.

And Tango makes Three by Justin Richardson and Peter Parnell – Based on a true story. Roy and Silo are just like the other penguin couples at the zoo, except they're both boys. One day the zookeeper finds them trying to hatch a stone; he realizes that it may be time for Roy and Silo to become parents for real. Reinforces that all you need to make a family is love.

Guji-Guji by Chih-Yuan Chen – Raised from an egg by Mother Duck, Guji Guji is quite content with his life as a duckling, despite the fact that he doesn't look anything like his brothers. Then one fateful day he meets up with three nasty, grinning creatures who not only convince him that he is, like them, a crocodile, but also try to persuade him to deliver his delicious duck relatives for their dinner! This book is used to begin a discussion around adoption, single parent families and stereotyping.