



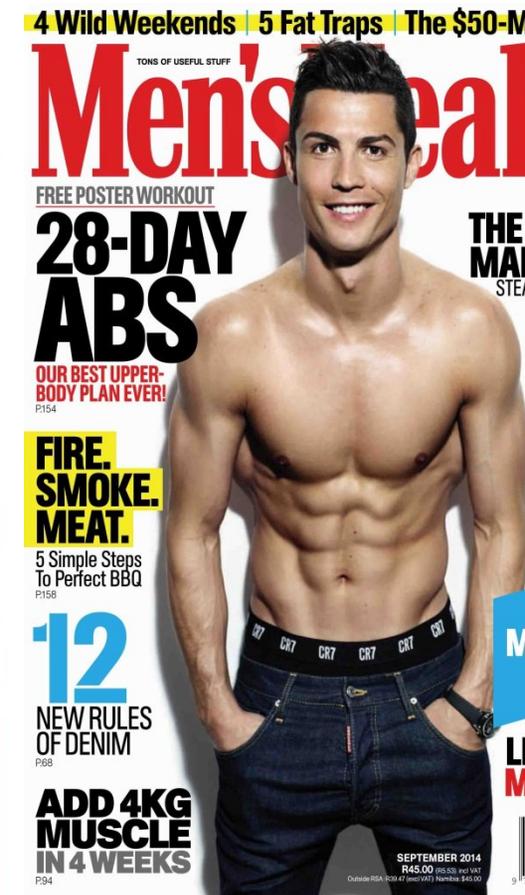
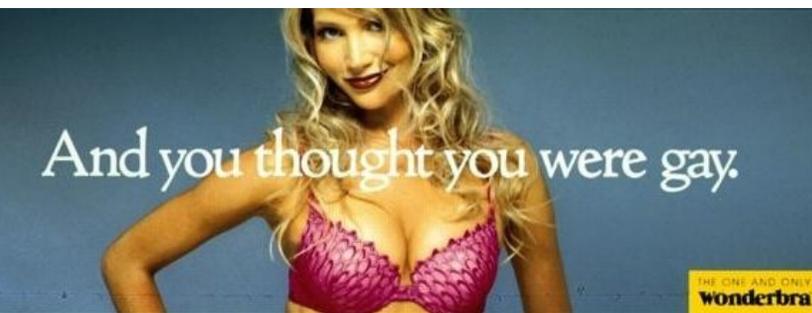
# RELATIONSHIPS & SEX EDUCATION

Helping your child to stay safe and thrive in  
the modern world

*Avenue Junior School*

*Friday 4<sup>th</sup> May*

Children and young people see...



Children and young people hear...



Photograph with no T-shirt on.

I been googling ways to keep you entertained.

I can't help imagining all the things we'd do, with no clothes on.

Cause me one, you there's a million and they all wanna huh my Brazilian.

# Children and young people access...



- Bullying
- Grooming
- Sexting
- Accidental exposure to pornography
- Curious/purposeful seeking out of age inappropriate material

# Children and young people are affected by the sexualisation of society and media influences



- Children are as likely to stumble across pornography by accident as to search for it deliberately
- 28% of 11-12 year olds have watched pornography
- More boys view pornography through choice than girls
- Young children report feeling disturbed by what they have seen.

NSPCC, 2010

What do you remember about your sex education from school/home?



# Statutory requirements

Schools have to teach biological aspects of human growth and reproduction within National Curriculum Science. Parents can not withdraw from this.

From September 2019, all schools will have to teach relationships education. Parents can not withdraw from this.

British values

Equalities Act, 2010

# Schools will be required to teach...

Different types of relationships, including friendships, family relationships, dealing with strangers;

How to recognise, understand and build healthy relationships, including self-respect and respect for others, commitment, tolerance, boundaries and consent, and how to manage conflict, and also how to recognise unhealthy relationships;

How relationships may affect health and wellbeing, including mental health;

Healthy relationships and safety online.

- Puberty before they experience the onset of physical changes;
- The significance of marriage and stable relationships;
- Ensure the needs of all pupils are met. Relationships and sex education should be relevant to them and sensitive to their needs. There should be no direct promotion of sexual orientation;
- The unacceptability of homophobic bullying, including the emotional distress it can cause.

Much of this will be covered throughout the curriculum especially in PATHS & PSHE lessons and these values and idea will be revisited in school and class assemblies. In addition, the children will have 6 Relationship and Sex Education lessons

	<b>Year Three</b>	<b>Year Four</b>	<b>Year Five</b>	<b>Year Six</b>
<b>Lesson 1</b>	Gender and difference	Growing and Changing	Talking about puberty	Puberty and reproduction
<b>Lesson 2</b>	Differences: Male and Female	Body changes and reproduction	Puberty and hygiene	Conception and pregnancy
<b>Lesson 3</b>	Family differences	What is puberty?	Male and female changes during puberty	Understanding relationships

<b>Lesson 4</b>	Caring for babies and children	Exploring gender roles	Menstruation 	Sexually transmitted infections
<b>Lesson 5</b>	<b>Body Safety</b>  No means No  Secrets & surprises	<b>Body Safety</b>  Respecting body boundaries  PANTS	<b>Body Safety</b>  Your safety network  PANTS	<b>Body Safety</b>  Reviewing body safety  PANTS
<b>Lesson 6</b>	Gender stereotypes and bullying  <i>Using Stonewall's film FREE: Danni's story</i>	Gender stereotypes and friendship  <i>Using Stonewall's film FREE: Jake's story</i>	Gender stereotypes in sport  <i>Using Stonewall's film FREE: Linus' story</i>	Family diversity and LGBT discrimination  <i>Using Stonewall's film FREE: Emma's story</i>

## Changes for 2018

- \* Introduction of body safety lessons
- \* Y5 mensuration lesson

# How our school will teach this...

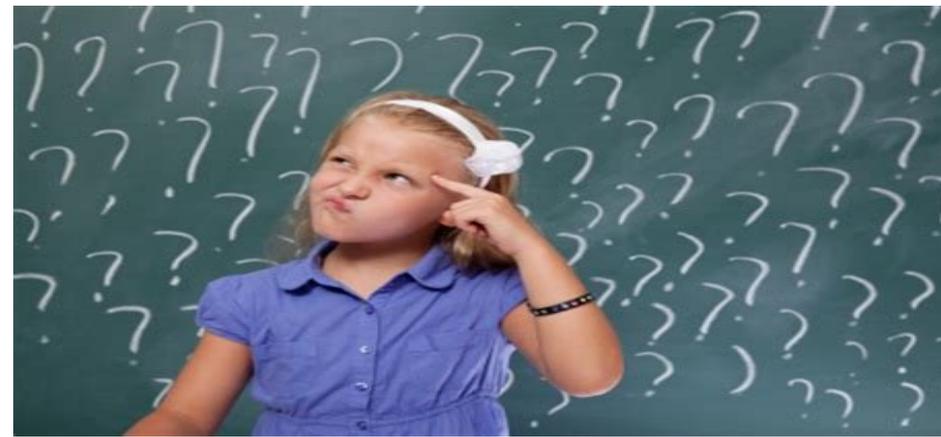
Each class will create a working agreement so pupils feel comfortable to join in the lessons

All teachers will use correct scientific language when talking about parts of the body

No pupil will be forced to join in an activity, or answer a question

- Teachers have been trained to teach these lessons
- Teachers will not, and pupils will be asked not to share personal experiences
- All causes for concern raised as a result of the lessons will be dealt with according to the school safeguarding policy

How questions will be answered...



# How you can help at home...

Try to introduce some scientific terminology for parts of the body

Talk to your child about their relationships and sex education lessons

Be aware of what your child is doing online



<https://www.nhs.uk/Livewell/Talkingaboutsex/Pages/Talkingtoyourchild.aspx>

# How you can help at home...

Did you know:

**13yrs** is the most common minimum age for social media.

**43%** of 8-17 year olds have used snapchat in the last day.

UK safer internet, 2017



<http://www.vodafone.com/content/digital-parenting.html>

Make sure your child is familiar with the safety and privacy tools on any social media, they can limit who sees their posts and know how to block or report other users.

