

AVENUE JUNIOR SCHOOL SPORTS PREMIUM ACTION PLAN 2018 – 19



Name of Lead Professional: Rhys Peterson (PE Leader)

Supporting PE leader: Mike Hooper (Head of School)

Reviewing and supporting the planning of Sports Premium Spend Action Planning: Debbie Dismore (Headteacher)

Governor with responsibility for Sports Premium Spending: Lisa Crossman

Amount of Sports Premium Grant 2018 - £20758

Carried forward from 2017-18: £1139.83

Total to spend: £21897.83

Objectives of the Sports Premium Plan	Link to SDIP
<p>To increase activity levels of less active children and those with poor mental health, building sustainability of this for families outside of school hours whilst continuing to develop teacher capability in PE.</p> <p>We will do this by:</p> <ul style="list-style-type: none"> Ensuring that new and inexperienced teachers are given development opportunities to support their delivery of 	<p>Ensure the school provides outstanding opportunities to ensure children develop Healthy Lifestyles</p>

First Quality PE teaching to develop sustainability within the school, Norwich and Norfolk.

- **Respond to information gathered from families about levels of activity by shaping our choices of sport and health opportunities to explore gaps.**
- **By selecting less active children directly for participation in sports and health activities and competitions where appropriate.**
- **By offering sporting activities as a means of improving mental health for specific children**
- **Increasing participation of attendance at a school club or competition and supporting access to external Sports Clubs especially for the less engaged**
- **Providing opportunities for pupils and families to learn about healthy eating & healthy living**
- **Providing equipment and guidance as to how to be active families outside of school time**
- **Raising aspiration and ensuring opportunities are given which will stretch the most able.**
- **Specific children are engaged in sporting activity to enable them to increase their wellbeing, behaviour, attendance and achievement.**

Evidence of success	How will it be monitored/when
<ul style="list-style-type: none"> • Observations of lessons and outcomes for children are at least good for those in new and less experienced teachers' classes • New clubs are attended by children who were previously less engaged in sport and health activities. • Children identified as less active have taken part in competitions as appropriate and have participated in clubs they have been invited to. • Children identified as less active from Sept 2018 survey given opportunities to participate in sports clubs and 'taster' competitions. Follow up analysis of club and activity registers identify whether those children have increased their participation in and out of school. September • Attendance lists of parents and carers for school-based healthy eating initiatives such as cookery lessons and 'Sport and Health Cafés' • Groups of children develop as Sports Leaders to raise activity levels at break times across the school. • Pupils are able to make healthy lifestyle choices 	<p>Reviews of spending and objectives being delivered will be monitored termly by the PE coordinator and reported to HT. The HT will deliver a review to the Governing Body termly and the governor with responsibility for Sports Premium will visit the school twice yearly to meet with the PE coordinator to review progress, examine evidence and visit provision.</p>

<ul style="list-style-type: none"> • Extensive range of sports activities offered and an increasing number of children attend clubs and represent the school. • Families are more able to be active outside of school. 	
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Objectives Curriculum PE in school	<ul style="list-style-type: none"> • Ensuring that new and inexperienced teachers are given development opportunities to support their delivery of First Quality PE teaching to develop sustainability within the school, Norwich and Norfolk. 					
Actions	Start Date	Who	Resources/Costs	Quality Assurance/Impact	Rag	IMPACT
Trained Gymnastics teacher from Sports Factory to support in development of gymnastics through the school – identified new and inexperienced teachers who did not receive support last year targeted. Use of	Sept 18 – July 19	Sports Factory	£240 per half term x 6 = £1440	Teachers will complete a before and after questionnaire to measure impact. They will observe, support and then teach under guidance. They will then feel confident to deliver this unit in the future.	Green	New and less experienced teachers are being given access to this gymnastics CPD as priority. Questionnaire completed by all staff

<p>IRIS to video lessons for discussion. Identified teachers to deliver Gymnastics inset to upskill all teachers.</p>						<p>Quality assurance observations will take place in the summer term - March 2019 <i>Impact: Staff will be more confident at teaching gymnastics, ensuring an important NC objective is being covered.</i></p>
						<p>June 2019: Targeted staff, BZ, & NM have been receiving weekly CPD from Tim at the Sports Hall. Written feedback received from teachers describes positive impact of CPD.</p>
<p>Premier Sports working alongside NQT and new and inexperienced staff for</p>	<p>Sept – Dec 18</p>	<p>Premier & JSH, NM, RR</p>	<p>Part of Premier support Package £3880 per annum</p>	<p>Lesson observations and outcomes for pupils will be at least good (as seen in monitoring)</p>	<p>Green</p>	<p>Oli Newson has worked alongside teachers in</p>

<p>first term 1 half day per week</p> <p>From Jan – July work with identified teachers in areas identified by audit to model, coach and support teaching</p>	<p>Jan – July 19</p>	<p>Premier staff</p>	<p>As above</p>	<p>Pupil assessment information demonstrates that the children have made good progress in lessons where the teacher has been supported. This can be measured from start to end point gains.</p> <p>This builds sustainability of PE provision for the school, Norwich and Norfolk as our teachers' skill set grows.</p>		<p>Y3-5. Targetted CPD will be allocated from Summer 1 to new and less experienced teachers. A further questionnaire for those teachers will be done to measure impact of CPD</p> <p>March 2019 <i>Impact: Teachers will be more capable and confident PE practitioners</i></p>
						<p>June 2019: NM, JC & JS have been receiving weekly CPD from Oli Newson on a range of skills, warm ups and game building activities. Written</p>

						feedback received from teachers describes positive impact of CPD.
<p>PE Lead to continue to develop his own expertise in order to lead a high quality curriculum that inspires pupils and facilitates good management of the Sports Premium.</p> <p>PE leader courses to be undertaken.</p>	18 – 19	RP	<p>Professional development budget for PE team, conferences and release time met by school training budget. Budget £500</p>	<p>Sports Premium is managed well and leads to positive impacts as measured against the targets set in this plan.</p> <p>The PE Leader develops systems to track participation and activity that is used to plan the curriculum and extra curricular work in school.</p> <p>Skills audit of PE team to enhance provision across the school to ensure sustainability.</p>	Green	<p>RP is in the process of completing Level 4 Leadership and Management Accredited PE Course. As a result, work to update the curriculum has started. RP has led a staff meeting and is gathering standards for a portfolio <i>Impact: Curriculum needs identified and new structure being put in place.</i></p>
						June 2019: PE Course has been

						completed. Portfolio waiting to be signed off by Kevin Holland. Curriculum changes have initially been fed back to staff and will be ready to take effect from September 2019.
Release time for PE team to support impact measures and future provision. Use of IRIS recording tool to give feedback.	1 day each term	MH & RP	£186 per day Supply costs – total £568	<p>Observations of T & L in PE reflect continual development and provision is seen to be good working towards outstanding for all teachers. Records of observations are kept in the monitoring files</p> <p>The Sports Premium Plan evolves to suit the needs of the pupils in response to the impact measured during the days covered.</p>	Green	<p>Time needed for RP to perform observations.</p> <p>RP to encourage teaching staff to use IRIS as a means of recording the lesson for RP to watch and feed back on. In place for Summer term.</p> <p><i>Impact: increased use of Iris and teachers given</i></p>

						<i>feedback on PE lessons.</i> <i>June 19 – Rhys has made arrangements for 4 observations of PE to look at impact of CPD and also quality of teaching.</i>
						Lesson observations booked. This will be a reflection of the impact the CPD has made.
Total Cost			£6388			

Objectives Increasing participation for less active pupils	<ul style="list-style-type: none"> • Respond to information gathered from families about levels of activity by shaping our choices of sport and health opportunities to explore gaps. • By selecting less active children directly for participation in sports and health activities and competitions where appropriate. • By offering sporting activities as a means of improving mental health for specific children 	
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	<ul style="list-style-type: none"> Increasing participation of attendance at a school club or competition and supporting access to external Sports Clubs especially for the less engaged Providing opportunities for pupils and families to learn about healthy eating & healthy living Providing equipment and guidance as to how to be active families outside of school time 					
Actions	Start Date	Who	Resources/Costs	Quality Assurance/Impact	Rag	IMPACT
Respond to information gathered from families about levels of activity by shaping our choices of sport and health opportunities to explore gaps.	September 2018	RP and Office staff	Supply cover – ½ day £100	<p>A database of children and known activities is collated.</p> <p>The curriculum is shaped to build on strengths noted and gaps identified.</p> <p>Select less active children directly for participation in sports and health activities and competitions where appropriate.</p> <p>Participation in health and sport activities increases, particularly for children identified as 'less active'</p>	Green	<p>RP has gained an overview of sport and physical activity participation across the school. This information has been used to feedback impact of previous year's targeted efforts to encourage participation.</p> <p><i>Impact:</i> <i>Less active children can be given further opportunities to participate in accessible competitive activities. Less active children</i></p>

						<i>will become more active.</i>
						June 2019: 20% of the children who were Non-Participants from September have since joined an after school sports club at Avenues.
Increasing participation of attendance at a school club or competition and supporting access to external Sports Clubs especially for the less engaged	October 2018	RP and School Office	Part of ½ day supply listed above 1 x lunchtime meeting with selected children (pupil voice)	Review Club registers and identify if less active children previously identified have taken up sport and health opportunities in the first half term. Invite non-participants to existing clubs. Gain 'Pupil Voice' of non-participants to help shape the extracurricular menu at school.	Amber	*RP and DD arranging a Healthy Lifestyle Club, led by C.Cator and A.Webb to begin in Summer 1. This will be targetted at children and families identified by SENCO and DD/MH June 19 – Children have been identified and letters drafted. This

						<p>club has been delayed and so may need to continue next year.</p> <p><i>Impact : Less active children and their families will become more active.</i></p> <p>RP to create a pupil questionnaire about P.E and physical activity – This is going to be done during the Summer term lesson observations</p>
						<p>June 2019: RP is running a trial on 3/7/19 with invited parents and children from Non-Participants list</p>
Lunchtime clubs provision on a rota to involve as many children as	Sept 18– July 19	Sports Factory & MSA	Sports Factory £45 PW x 38 weeks = £1710	Pupil interviews take place termly to ascertain who has attended/	Green	Sports Factory run lunchtime activity clubs on Tue, Wed

<p>possible over the year accessing different multi skills/ sports and exercise.</p> <p>3 lunchtimes a week – Sports Factory. Use of MUGA – 20 plus children per session. 2 sessions per lunchtime</p> <p>MSA to support & Sports leaders</p>			<p>3 x £8 ph = £24 per week x 38 weeks= £912</p>	<p>benefits and impact on health</p> <p>Monitor who is accessing activities.</p> <p>Quality assurance – ensure increased participation by seeking pupil voice about lunchtime provision.</p> <p>Monitor number of children and to identify children.</p>		<p>and Thu. A register is taken for the club which is periodically reviewed by RP</p>
						<p>June 2019: Fewer reports of disruptive behaviours during these lunchtime clubs. Focussed activities with high levels of participation.</p>
<p>Additional clubs offered after school by HLTAs 2 x 1 hour weekly to attract new participants, including competitive</p>	<p>Sept 18 – July 19</p>	<p>SS & LB</p>	<p>£1520</p>	<p>Record kept of members of club and activities reviewed twice yearly to appeal to all children</p> <p>Invite ‘non-participants’ as appropriate.</p>	<p>Green</p>	<p>Mrs Sulte and Mrs Byford run volleyball and netball clubs.</p> <p>EA Tennis run a regular</p>

<p>opportunities. Non selective club.</p> <p>In addition non cost clubs continue to run through school – access to competition – cost of travel/entry fees</p> <p>External Clubs to be contacted to explore opportunities for coaching.</p>			<p>£250 contribution to costs of competitions/travel</p>		<p>Wednesday tennis club.</p> <p>A local yoga teacher runs a yoga club on Thursdays.</p> <p>Sports Factory are planning a Sports Leaders Club on Thursday afternoons at the Rec Rd Sports Hall.</p> <p><i>Impact: Children are offered a range of sporting clubs and encouraged to try new things.</i></p>
					<p>June 2019: Increased interest in clubs has enabled a drop in Non-Participants of 20%</p>

<p>Premier sports providing before and after school sports. Funding available for pupil premium children or those on low income. Range of different sports including Archery Dance Golf Fencing</p> <p>Activities will be rotated to give diversity and opportunities to be sign posted to outside of school activities and clubs.</p> <p>RP to work with schools council to gather information from children as to clubs they may wish to try.</p> <p>Golden Mile at Cross Country to encourage non-competition</p>	<p>2 x clubs weekly all year Changed half termly</p>	<p>Premier with RP reviewing</p>	<p>£500 to support funding for families on low incomes</p>	<p>Monitoring of attendance at clubs</p> <p>An increased amount of children have the opportunity to develop new skills & build confidence Children have been proactively selected to increase their participation.</p> <p>Children with poor attendance invited to morning sports clubs; monitor impact on attendance.</p>	<p>Green</p>	<p>Premier Sports have run regular morning clubs on Thursday and Friday throughout the year.</p> <p>Premier Sports have supported Cross Country Club as well as Korfball Club. <i>Impact: High quality coaching and implementation of the Golden Mile to sustain interest for children who are not picked for the team races.</i></p> <p><i>Also, Korfball team has been successful and sustained</i></p>
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<p>runners to sustain interest.</p> <p>Supporting Korfball to build sustainability as this club attracts children from a broad base</p>						
						<p>June: Feedback from NT regarding Premier Running Club Coach Sean has been very positive. He has engaged and maintained high levels of interest in the club.</p> <p>Oli Newson has had a positive impact during Korfball sessions, supporting the coaching of the year 4 team who have been successful this year, winning the spring tournament</p>

						and coming runner up in the summer tournament.
1 x 1 hour after school 'sports club showcase' where invited local sports reps promote clubs to families.	Sep 18 – Jul 19 November 18 – After School Sports Club Showcase	RP, MH	No cost to school.	Increased participation of attendance at a school club or competition and supporting access to external Sports Clubs especially for the less engaged Survey of children after the showcase event shows increased participation.	Green	There have been two Playground Promos run by Premier Sports. Numbers for morning clubs have varied across the year. June 19 – The reason for varied attendance at clubs has been discussed with Premier – they feel that it is often used as childcare and so they are in some ways competing with AOSC.
						June 2019: Premier Sport will continue to offer morning sports clubs in September at no cost to the

						school. Promotion of the clubs needs to be improved.
Providing opportunities for pupils and families to learn about healthy eating & healthy living	January 19 – July 19	RP, MH	Provide a Change for Life club at school Cost of TA to run club & ingredients for cooking £800	Change for Life Club run by school staff; invite non-participants. Start and exit surveys of club members to evidence changing attitudes.	Green	This club is being arranged. See above* This is now on target but will need to go over into next term (and next year's plan)
						June 2019: RP is running a trial on 3/7/19 with invited parents and children from Non-Participants list
Providing equipment and guidance to increase activities for families outside of school time	October 18	MH, RP	£1000 for shed and equipment	Shed purchased to house bank of equipment that can be loaned from school for 1 week at a time. Hold a session after school for parents to view the resources – promote in newsletters	Green	Shed and equipment have been purchased. Access will be primarily given to Healthy Living Club before being opened up across the school. The

						<p><i>impact will be for families to have access to equipment to use in parks or gardens and encourage them to be more active.</i></p> <p>June 19 – to be used with Sports and Healthy Living Club and then opened up to families from September. A 4 week trial of the club will run over June and July 19.</p>
						<p>June 2019: Families involved in C4L Club trial will be offered the chance to borrow some equipment from the Sports Library shed.</p>
<p>Improve active playtimes by adding additional equipment to trim</p>	<p>Suppliers to visit Autumn term Consultation</p>	<p>JW & RP & MH</p>	<p>Budgets for improvements and towards new equipment £7000</p>	<p>New exercise/outdoor equipment installed Children are more active during playtimes</p>	<p>Amber</p>	<p>Quotes for upgrading the trim trail equipment</p>

<p>trail and investing in new pieces of exercise equipment (match fund by raising money through sponsored activity & PTA)</p>	<p>With children Spring term with installation due Spring/Summer 2019</p>			<p>Observations/monitoring of use</p>	<p>have been gathered.</p> <p>A grant application from Sport For England is being finished and sent off. This is a large project that may not see completion until Summer 2020.</p> <p><i>The impact of this will be increased physical activity in the playground, as well as use during PE lessons.</i></p> <p>.</p>
					<p>June 2019: Sports England rejected the application for funding. RP is investigating smaller scale improvements. Year 5 are also raising money</p>

						for playground improvements. RP has also spoken to Sam Rowbury re. attracting sponsorship.
<p>Raising aspiration and ensuring opportunities are given which will stretch the most able.</p> <p>Aspirational visits to sports university – Loughborough University. To inspire G & T athletes/pupils in school – workshops on fitness/tour of grounds/ meet an elite athlete (following on from the success of last 2 year’s visits) Children taken from Year 5 and 6 – ensure they did not go last year.</p>	<p>March 2019</p> <p>Sports Leaders</p>	<p>RP and Steve Leek</p>	<p>£1160</p>	<p>Children understand the dedication and commitment to all their education and their sport needed to succeed in attending a top class university. Children enthused and engaged. Reviews completed post visit</p>	<p>Amber</p>	<p>No plans have been made to visit Loughborough this year.</p> <p>Sports Factory have enquired about running a sports leaders club, which could start in Summer 1.</p> <p>No Professional sports speakers have spoken at the school this year, but it is something that can be arranged for the summer term to coincide with Sports Day / Week.</p>

<p>Developing role of Sports Leaders in school to play a more active role at lunchtimes/ supporting and leading parts of lessons and supporting with sports days</p> <p>Use of SP to pay for sports professionals to speak in assemblies</p>	<p>Identified Oct 18</p> <p>Termly visits</p>	<p>Sports Factory to train & meet with them regularly</p> <p>RP</p>	<p>£300</p>	<p>Children given the opportunity to share interests and passion with others and to develop leadership qualities.</p>	<p><i>Impact: To inspire our children to become interested in new activities and have the confidence to try new things.</i></p>
					<p>June 2019: Sports leaders are now going to be helping Sports Factory at lunchtimes and are also going to support Sports Day.</p>
Total Cost			£8252		

Objective	To ensure best use of made of Sports Premium Money				
Actions	Timings	Who	Resources/Cost	RAG	Impact
Consultancy visit from Active Norfolk to ensure	August 2018	MH, RP, JW	None	Green	The best use is made of Sports

<p>best possible use is made for sustainable high quality PE & how to measure impact effectively</p>		<p>with rep from Active Norfolk</p>			<p>Premium money. New ideas are formulated and plan is amended as necessary. Impact is sustainable.</p>
					<p>June 2019: RP also attended a VNET breakfast meeting on the use of SP funding and up to date guidance on what can be purchased/paid for.</p>

Total Cost planned: £21,640

<p>Meeting national curriculum requirements for swimming and water safety</p>	<p>Please complete all of the below:</p>
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.</p>	<p>86 %</p>

What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	86 %
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	86%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes/No

Summary Spend

Sports Premium Grant - 2018-19 £20758

Balance Bfwd 2018-19 £1139

Total available: £21,897

Expenditure Comments

Staffing - Teaching £1286

- **release of PE lead to analyse impact, upskill with own development, support other teachers**

Staffing - Support £2750

- change of life club staff
- midday staff to develop multi skills for children at lunchtime alongside sports factory staff

Training £1615

- Training as part of Premier package for teachers
- Sports lead - full prof development package

Resources £1400

- PE lending library for parents
- Healthy club resources - cooking and games

Specialist Equipment £5994 (spend £700 in repairs)

- Repairs to specialist equipment in playground
- enhancement of trim trail in playground to develop healthier playtimes for all (towards project money earmarked but not yet spent as need to secure additional funding) - will take over into next year

Professional Services £7942

- Premier sports working alongside teachers to deliver CPD
- Sports factory delivering gym CPD for teachers/ TAS/MSAs

Trips £1410

- **Sports development visits for children/competitions/travel etc**

Other £500

- **provision of sports clubs for reluctant children/ those on low income/ PP**

Leaves a balance of £5294 towards trim trail development