



Evidencing the Impact of the Primary PE and Sport Premium

Website Reporting Tool
Revised October 2018

Commissioned by
Department for Education

Created by



YOUTH
SPORT
TRUST

AJS Football in bubbles! 2021



Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

Key achievements to date: 2019 - 2020	Areas for further improvement and baseline evidence of need:
<p>Increase in number of children accessing 30 minutes activity each day – this was minuted in staff meetings. This was due to introduction of the 1-mile tracks on each playground and also the use of Jumpstart Johnny.</p> <p>Increase in number of children accessing clubs – these were targeted at individuals (including Change for Life) and also broadened experiences (apprentice and support staff member led hockey clubs. The impact of this was difficult to measure due to school closing to most pupils in March.</p>	<p>We need to better understand the impact of the spend in future years.</p> <p>The quality of PE needs to improve in a sustainable way for future years.</p> <p>In the short term, PE needs to be well-resourced to facilitate high quality learning during Covid restrictions</p> <p>Budget: Carry over last year: £2396</p> <p>Budget this year: £20,700</p>

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Meeting national curriculum requirements for swimming and water safety
No swimming took place during 2020-2021 due to the pandemic restrictions. Focus for swimming will be on Year 6 children during 2021-2022.

Action Plan and Budget Tracking


Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for students today and for the future.


Academic Year: 2020/21		Total fund allocated: £23096		Date Updated: September 21	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school					Outcomes & next steps
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:		
The amount of activity time for children increases for all pupils.	<p>During Covid Secure measures being taken, ascertain a baseline of how much activity is being completed each day and plan to improve this by looking at the logistics plan and organising time, space and resources to enable progress to be made.</p> <p>All children skip each day (Skipping ropes purchased, due to be delivered feb)</p>	<p>£2500 (exact price of resource purchases required from Office Manager due to changes in order)</p>	<p>Baseline</p> <p>Plan ahead – changes to covid plan</p> <p>Inset plan/notes</p> <p>Tracking of children data</p>	<p>Outcome of baseline survey (Click here for results)</p> <p>confirmed that children’s physical activity dropped during the first lockdown but started to improve once children returned to school. It also showed that children across the school felt that they can engage more with their learning if they have been physically active that day. Next steps are to conduct another survey (Jan 2021)[See here]</p>	

	<p>Purchase a skipping rope for every child</p> <p>Teach skipping skills at break/lunchtime</p> <p>Track children's skipping performance and amount of activity [General activity has been measured in Spring 1 activity survey, skipping specifically will be measured in Summer 2 Physical Activity Survey]</p>			<p>which will be distributed to children via their weekly dropbox link to assess current activity levels and will identify barriers to physical activity. [A key finding from this follow up survey is that the amount of children who access 30 minutes of physical activity during school days <u>most</u> days has risen from just over half, to over three quarters]</p> <p>Purchased resources have been repurposed to provide equipment for bubbles to use during breaktimes.</p> <p>CL has been given time and resources to create weekly physical activity videos.</p>
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Key indicator 2: The profile of PESSPA (Physical Education, School Sport and Physical Activity) being raised across the school as a tool for whole school improvement.				Outcomes & next steps
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	
<p>Active breaks are used and form part of pupils' IEPs where appropriate.</p> <p>Half termly Bubble competitions</p>	<p>Training from school staff/Active Norfolk regarding the impact on behaviour of regular exercise and energy breaks.</p> <p>Senco and Inclusion Lead to identify pupils for whom a specific 'active' intervention may support concentration and learning. (Edit 01/21: Due to partial closure of schools, it has been decided that active breaks will now be aimed at all children to ensure they are able to focus on home learning activities and maintain a healthy balance of work and activity. RR to post to parents on Dojo School Story about how this can be achieved.)</p>		<p>Inset notes</p> <p>Examples of IEPs</p>	<p>A total of four Bubble Olympics events and one Festival of Football event were held throughout the year and were a massive success. Children across the school were able to access physical activity and competition whilst engaging with the wider community of the school in a way that they had not been able to in any other subject.</p> <p>RR to plan how to maintain this high profile of PE and physical activity by planning regular whole-school events in the 1st half term of 21-22.</p>

Microsoft Teams half termly award events.

 **Mr. Reynolds** Jan 26
Avenue Junior School

 Fitness Diary.pdf
PDF Document - 171KB

Good afternoon parents and carers,

At Avenue Junior School, we aim to have at least thirty minutes of physical activity every single school day. We understand things are different at the moment with the majority of our wonderful children working their socks off at home, but the benefits of physical activity on engagement and focus are massive! The activity you do does not need to be before or after your written work, sometimes it works best during the middle of a lesson when you just need a quick break from the screen. Feel free to have an 'active break' whenever you feel it would help!

I have loved hearing about children taking family walks to the forest, playing football in the garden or just trying to beat their personal best time for the wall squat (ouch!)

I wanted to remind you about what we currently offer to assist you and your family to remain active for at least 30 minutes a day.

- We hold weekly yoga sessions on zoom where the children at home and school can enjoy yoga together.

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- We have the wonderful Mr Lambe's weekly exercise videos to help you train those bodies and minds. In time we will also be providing cooking and nutrition videos as long as you all promise not to send them to Gordon Ramsay for him to critique.
- We have our half termly sports day events (watch this space for information about the next one).

In addition to these, I will be setting a weekly challenge to the entire school every Monday. You will be given a physical activity to practice throughout the week and measure how you have improved.

Also, you may find it fun and interesting to keep an activity diary (template attached to this post) where you can log your progress and reflect on how it has made you feel. There are a lot of staff who are currently training for a half marathon so we will probably be using these to log how sore we feel.

Stay safe, happy and active!

Mr Reynolds

Translation viewed by 1 parent

👍 14 likes · 👁 423 views

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<p>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</p> <ul style="list-style-type: none"> providing staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively to all pupils, and embed physical activity across your school 				Outcomes & next steps
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	
High quality first teaching with sustainability for years to come PE Staff provided with time (2hrs a week after school) to plan engaging PE sessions, contribute to whole school planning and	<p>Investigate the scheme</p> <p>Purchase of scheme 13/11/20</p> <p>Training for scheme PE Team - Will be completed by June</p> <p>Monitoring of scheme (Unable to do, due to restrictions)</p>	<p>£3380</p> <p>Staffing costs</p>	<p>Baseline Staff PE Confidence Survey</p> <p>Exit Confidence Survey</p> <p>Planning and delivery monitoring</p>	<p>Rob Reynolds, Charlie Lambe and Sandra Sulte have all received full 3 day training course for Real PE, teaching and support staff have also attended a whole day Real PE inset which was met with genuine enthusiasm.</p> <p>RR has monitored which classes and year groups have accessed Real PE online and gentle reminders have been given to year leaders regarding</p>

<p>run/supervise after school clubs.</p>	<p>Resourcing of scheme (Fully resourced by end of Spring term)</p> <p>Entrance pupil voice survey (20/11/20)</p> <p>Entrance staff voice survey (Spring 2) [Delayed until RR is trained]</p> <p>Staff Confidence survey (Summer 2)</p> <p>Training evaluation (Evaluation forms from the inset were overwhelmingly positive across the school)</p> <p>Monitoring of lessons</p>			<p>using the scheme properly with assistance offered if required.</p> <p>Baseline staff confidence surveys completed before the whole school Real PE training showed that less than half the teaching staff felt confident that they were able to provide outstanding PE lessons which covered the entire curriculum. (RR to send a follow-up survey a few weeks into the use of Real PE to investigate how this has improved since the implementation of the new scheme)</p> <p>MH had discussed with RR about how monitoring can be done in the next academic year. RR will have some release time which is ringfenced purely for monitoring of the delivery of</p>
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				the scheme and providing support when appropriate.
<p>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</p> <ul style="list-style-type: none"> introducing new sports and physical activities (such as dance, yoga or fitness sessions) to encourage more pupils to take up sport and physical activities To enable children to participate in outdoor activities to boost mental health 				Outcomes & next steps
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	
To introduce Yoga to the whole school	<p>Contact and establish a tutor who can provide the services we require. (Enquiry made to Yoga teacher on 5/11/20)</p> <p>Yoga club set up for each Year Group on a rolling basis virtually in the main hall.</p>	<p>Yoga- £80 per week for 10 weeks initially. Option to extend this. [This has not been extended beyond the initial 10 weeks]</p>	<p>Comments from parents after the first two weeks of yoga sessions. Next activity survey will ask about home engagement of yoga:</p> <p>Comments redacted due to GDPR.</p>	<p>Yoga club has had both positive short and long term impact on the children in the school.</p> <p>Short term, children at school and those who accessed home learning were able to access a</p>

	<p>Children who have been identified as needing support with mental health/pastoral needs should be targeted.</p> <p>Zones of Regulation used to measure impact of each session and of the block of sessions overall. [Instructor provided alternative theory work for post-session, to be used in place of Zones of Regulation]</p> <p>Payment for school staff to support from each bubble and also for the Yoga instructor's sessions</p> <p>Risk assessment carried out regarding numbers in the hall for such an activity.</p> <p>Two days each week</p> <p>(Edit 01/25: Due to partial school closure, we have changed the direction of this away from being a weekly club. We have arranged and begun the delivery of weekly yoga sessions via zoom for both</p>	<p>Forest schools - £6000</p>		<p>structured yoga session, and the feedback received was overwhelmingly positive. As well as all the children in school accessing the live sessions, 45% of children working from home were able to access the sessions too which is more than expected when home routines and parental availability are factored in.</p> <p>Long term, staff have benefitted by observing a number of professional yoga sessions delivered to a range of ages. RR has noted that Yoga has been something which has been picked up and used by a number of classes since these sessions were introduced.</p>
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For each year group to participate in Forest Schools	children at home and at school. One session for lower school, one for upper.			Unfortunately, we could only begin Forest Schools in November 2020 due to restrictions and risk assessments. Then we had Spring lockdown and further restrictions imposed. We will invest more heavily next year as we will be able to carry over more funding.
Key indicator 5: Increased participation in competitive sport -				Outcomes & next steps
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	
During Covid Restrictions, interschool competition is suspended but each child should have the	From Autumn 2, half termly sports events between classes in Year groups.	£500		

<p>opportunity to compete in interclass competition.</p>	<p>Inclusive activities to include most progress between starting and end points.</p> <p>Microsoft Teams Award Ceremonies each half term.</p>			<p>part of the greater community of the school.</p>
<p>Key Indicator 6: To improve physical and health awareness for children and families.</p>				<p>Outcomes & next steps</p>
<p>Videos created to engage, model and enable children to access high quality fitness and nutrition instruction virtually and on demand.</p>	<p>Research and purchase of video and audio equipment to ensure videos are of a high quality and represent the best of AJS. (5/11/20)</p> <p>Planning of PE Videos by 13/11/20</p> <p>Filming of all videos by 27/11/20</p> <p>Editing, publishing and distribution of videos on school's Dojo page before end of Autumn 2.</p>	<p>£500 for equipment (Prices have now changed. Camera now £599 with a lens)</p>	<p>CL plans, films, edits and uploads a high quality exercise video every Thursday. These have proven to be very popular. Currently (01/21) he is filming these on his phone but camera equipment has been ordered to improve the quality of these.</p>	<p>The videos created were a huge success, enabling children at school and those working from home to engage with physical activity.</p> <p>The camera has also been used to photograph and film PE sessions to give children the opportunity to review their performance and it has also been used to record the events of the Festival of Football.</p> <p>Going forward, photography</p>

				and videos should be used as a way to evidence and celebrate the physical activity the children do both in and out of PE lessons.
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<u>Sept</u>	<u>Oct</u>	<u>Nov</u>	<u>Dec</u>	<u>Jan</u>	<u>Feb</u>
<p>PE Planning Monitoring (Rob)</p> <p>PE Inset for planning and assessment using new Skills and Progression Map (Rob)</p> <p>PE Inset for delivering PE in a Covid-Secure way (Rob)</p>	<p>Covid Sports Equipment Purchased (Rob)</p> <p>Skipping Ropes Purchased (Rob) (Due to be delivered Feb)</p>	<p>Baseline Children's Activity Survey (<i>Sandra and Lindsay to collect data and analyse after school, Rob to assist</i>)</p> <p>Planning of fitness and nutrition videos (<i>Charlie Lambe after school</i>)</p> <p>Purchase of recording equipment for fitness and nutrition videos (Rob)</p>	<p>Meet with SENCO about 'active breaks' and how these could be implemented and supported in IEP's (Rob)</p> <p>Bubble Competition 1 (Rob)</p> <p>3x Staff trained for Real PE Scheme [Training to be completed by June]</p>	<p>Continued PE Monitoring of each year group including CL, SS and LB (Rob)</p>	<p>Bubble Competition 2 (Rob)</p>

		<p>Provide Staff with resources from PE CPD from Jan 2020 (Rob)</p> <p>Purchase of Real PE Scheme (Rob)</p>	<p>PE Monitoring (Each year group including CL, SS and LB) (Rob)</p> <p>Filming, Editing and distribution of fitness and nutrition videos via Class Dojo (Rob and Charlie)</p>		
<u>Mar</u>	<u>Apr</u>	<u>May</u>	<u>Jun</u>	<u>Jul</u>	<u>Aug</u>
	<p>Bubble Competition 3 (Rob)</p> <p>Real PE Scheme Fully Resourced (Rob) [RR, SS and CL will have received full training by July '21]</p> <p>Real PE Staff Entrance (Sandra and Lindsay) [Delayed until PE</p>	<p>Real PE Lesson Monitoring (Years 3 and 4) (Rob) (Real PE now to be used from Sept 21)</p> <p>RR to organise and deliver and whole-school sports tournament.</p>	<p>Children's Activity Survey (Sandra and Lindsay to organise) (We were only able to complete the September and January activity surveys. A new one will be sent out in the first half term of 21-22)</p> <p>Real PE staff logins set up and distributed (Rob)</p>	<p>Write Real PE Entry Survey ready to distribute to staff (including new starters) in 1st Half term of 21-22) (Rob)</p> <p>Ensure whole school Real PE training is arranged and delivered (Rob)</p>	

staff have been trained, will be distributed 1 st half term of 21-22)				
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Actual Spend during 2020-21

Total Budget for 2020-21 £23,096

Area of spend	Cost
Staffing	£5883.61
Resources	£3404.61
New PE scheme & training	£2580

Forest Schools	£513.09
Yoga sessions	£800
Annual memberships for fitness	£268.33
Total spent during 2020-21	£13,449.64
Leaving a total carry over of	£9,646.36