23 – 25 November 4SB + 4R
25 – 27 November 4W + 4GS

The Horstead Centre





Horstead Centre

Mission, and Values

"To provide young people with the best possible opportunity for social, educational, spiritual, and personal development through high quality residential stays and activity days."

- *Welcoming,*
- *Professional*
- *Aspirational*
- *Educational*



Where are we?

- On the edge of The Broads
- 15 minutes from Norwich
- Coltishall & Horstead
- Bure Valley
- Beautiful surroundings
- Charming Georgian Rectory







Accommodation

Spacious Lounges look out over our walled garden



Accommodation

Dorms

- Comfortable bunks
- 4/8/10/ bed dorms
- Teacher rooms very close
- Safe windows
- Pillows, p-cases & sheets provided.



Catering

- Spacious Dining Room
- In-House Chef
- Local Suppliers
- 5 Star food Hygiene rating
- Good Quality home-Cooked meals





Games Room



Indoor Prayer Space

Wide Range of Wonderful Activities

Personal Challenges	Team Building Activities	Team Challenges
Vertical Challenge	Bushcraft	Tower Experience + Zip Wire
Nightline	Archery	Team Challenges
Canadian Canoeing	Low Ropes	Crate Stack







Climbing Tower





Zip Wire






Bushcraft



Nightline







Canoeing





Crate Stack





Team Tasks





Archery

How a day will look

- 11:45 Coach from school to Horstead Centre.
- 12:30 Packed lunch
- Welcome/Safety Brief & Room Allocation
- Activities 90 mins each + teacher at all times
- Relax in lounges and games room
- Supper
- Bedtime.
- Teachers will send dojo updates

Day 2

- Rise – make sandwiches
- Breakfast
- Activity sessions
- Packed lunch
- Activities 90 mins each + teacher at all times
- Relax in lounges and games room
- Supper
- Bedtime.

Day 3

- Rise – make sandwiches
- Breakfast
- Activity sessions
- Packed lunch
- 12:45 coach back to school
- Relaxed activities at school
- 15:15 pick up as normal

Peace of Mind

- Great reputation built up over 50 years
- Unsurpassed safety record
- Qualified and Experienced Team
- LOtC Quality Badge
- Adventure Mark
- Fire regulations & Security
- 5* Food hygiene rating
- DBS and safer recruited staff





Kit List

T-SHIRT/TOP - One set per day (in case of rain)
SHORTS / JOGGING TROUSERS - One set per day (in case of rain) Not jeans
FLEECE / WARM TOP
WATERPROOF COAT
WATERPROOF TROUSERS - (If you have them)
TRAINERS / BOOTS - Sturdy footwear, NO crocs or flip flops for any activities.
INDOOR SHOES - Slippers / clean shoes.
WARM HAT - Weather dependent.
OLD TRAINERS OR WET SHOES - NO crocs, flip flops, or wellies.
SOCKS AND UNDERWEAR - One set per day.
PYJAMAS
WASH KIT
TOWEL
SLEEPING BAG (pilow case if you have a favourite)
All other bedding will be provided.
TEDDY / CUDDLY TOY
STRONG BIN LINER - For wet clothes.
BOOK to read

Please don’t bring your newest and best clothes and trainers; old, worn, and comfortable is best.

WHAT YOU DON’T NEED

- Please do not bring anything of value.
- Don’t bring any computer consoles or handheld gaming devices.
- Don’t bring your mobile phones or any expensive electronics.

No need to bring snacks, other than day 1 packed lunch

- Where possible please use holdalls/rucksacks, These are easier to store away than large suitcases.

Medical

You'll need to complete one form for every medication, the same as for school.
We know about asthma and will bring asthma pumps with us – as we do for Sports Centre trips on Tuesday.

Behaviour

Behaviour - We expect behaviour to be as good as at school. Any unsafe or dangerous behaviour may result in a student having to go home.

It is important for the safety of everyone that each visitor follows any activity and any non activity instructions; these will be clearly stated at the start of any visit during a site induction and clearly at the start of any activity session. Students may be removed from activity sessions if instructions are repeatedly ignored.



The visit cost of **£121.50** per child
discounted by a donation from the PTA.
deposit of **£20 to be paid by Sunday 4th October** on MCAS
the **remaining balance paid by Friday 13th November.**
instalments amounts over £20.

Please note that if you change your mind after Thursday 22nd October and decide that your child will no longer be attending, you will still be charged the full amount for the trip as we will not be able to cancel their place and will be charged their full ticket price.
If you feel that you may struggle to pay for the trip in time, payment arrangements can be discussed privately via the school office.

If your household are on a low income, whether working and/or receiving benefits, you may be eligible for a grant, which could cover most of the cost of the trip from Anguish's Educational Foundation – **you must still pay the £20 deposit on MCAS**.
you need to ring them on 01603 621023 or email them at info@norwichct.org.uk **before the trip**
let us know if your Anguish grant is accepted so that we adjust the charges on MCAS

Thank you!
Any questions?

Room allocation – slip for each child to write down 2 friends, we can usually accommodate at least 1 request.
After half-term.

Night lights will be provided where needed.

Food is home-cooked on site with all dietary requirements catered for. Please don't bring your own snacks due to allergies

